



Rider Safety Briefing

Rotary Ride The Range is a ride NOT a race. Safety is our FIRST PRIORITY and the following rules are designed to ensure the safety of all participants:

- Wear an Australian approved helmet at all times. No helmet = NO RIDE
- Ensure you have correctly fitted the Seat Post and Helmet Sticker with your Unique Rider ID Number. This will identify you on course and has links to your emergency contact in case of an incident during the ride
- We recommend installing the Emergency Plus App on your mobile phone which can assist with sharing your location in case of an incident

On the Road:

- QLD Police have the authority to inspect, delay, halt or cancel the event at any stage in the interests of road safety or the safety of the community.
- Obey all Queensland Road Rules. This is an open road event and roads are not closed to traffic.
- Keep to the left on the road to allow clear passage for other vehicles.
- Obey directions given by QLD Police, course marshals and event staff
- Respect and follow the signage/directions which have been put in place by the event organisers
- Don't pass on the left of a cyclist and always signal and call when you are passing or stopping
- Riders to be aware that they may encounter slower riders on the course. Please respect other riders and do not ride in a way that could jeopardise their safety or your own
- **Rotary Ride The Range is a ride NOT a race.** Dangerous riding will result in exclusion and possible prosecution.
- At the Ride Coordinator's discretion, riders may be withdrawn from the event if they are outside the designated cut-off times and their safety cannot be reasonably ensured.
- While every effort has been made to mark out and officiate the course route, it remains the rider's responsibility to be conversant with the ride route. LOOK OUT for direction signs for your distance and follow them
 - Should you choose to withdraw from the event, please inform event staff of your withdrawal and note your Event ID Number.



Course Notices:

- The range descent is steep and technical and is **classified as a neutral zone**. Each ride group will have an escort vehicle, under the direction of QLD Police, to maintain a safe speed through the neutral zone. DO NOT attempt to pass the escort vehicle or ride in a way that could compromise the safety of other riders or yourself
- Official Timing will commence after the descent of Flagstone Creek Road at the 7.2km mark
- A number of the roads have sustained damage in recent floods. Consequently, some sections of road surface are rough and potholed. There are sections of gravel in various places in preparation for road repairs. STAY ALERT AND RIDE TO CONDITIONS
- High risk areas with significant damage will be signposted and marked. REDUCE SPEED AND WATCH FOR WARNING SIGNS
- Cyclists must follow the directions of marshals and signage and ride to road conditions
- Please follow rider etiquette and call/point out any holes or obstacles to riders behind. Ride to your capabilities and road conditions.
- PAY ATTENTION to the pre-ride briefing at the Start for updates to course conditions.
- The following road sections have considerable damage:

ALL RIDERS		Flagstone Creek Road at the 13.4km mark after Sutcliffes Road to the second crossing of Flagstone Creek at the 14km mark. Road has severe damage on the sidesand sections of gravel. SLOW DOWN AND FOLLOW DIRECTIONS OF WARNING SIGNS AND MARSHALS
ALL RIDERS		Carpendale Road, after Lamberts Road has a number of potholes on the bend. FOLLOW SIGNAGE AND RIDE TO CONDITIONS
200KM RIDERS		Left hand turn off Spa Water Road onto Back Flagstone Road has a significant drop off the bitumen onto gravel. SLOW DOWN AND FOLLOW DIRECTIONS OF WARNING SIGNS AND MARSHALS
200KM 160KM RIDERS	+	Mulgowie Road between Brown Springs Road and Baulch Road has significant damage. SLOW DOWN AND FOLLOW DIRECTIONS OF WARNING SIGNS AND MARSHALS
200KM 160KM RIDERS	+	Tenthill Creek Road coming out of Gatton near Princes Road, before Nolans Transport, has a number of large potholes. FOLLOW SIGNAGE AND RIDE TO CONDITIONS.



Be prepared:

- Ensure you are fit enough to complete your nominated distance, remember there is a big hill to climb at the end!
- Hydrate well and ensure you have sufficient nutrition pre-ride
- Bring along 2 x PRE-FILLED water bottles, nutritional snacks and sunscreen. Water, bananas and additional snacks will be available at the rest stops.
- Ensure you bring along any medication you require.
- Make sure your bike is in good working order before the event
- Check your tyres and carry adequate spares in case of a mechanical i.e. Inner tubes, pump or CO2 inflator and canisters, tyre levers, multi-tool
- Riders should be able to fix a puncture by themselves
- Mechanical and support vehicles will travel along the routes to assist if required. Sag wagons are available to assist anyone who has a mechanical failure and needs assistance to return to the start / finish.
- Please respect the environment by not throwing your litter on the event course. There are bins at each rest stop for your rubbish.

First Aid and Emergency Assistance:

Darling Downs First Response First Aid will provide first aid assistance at the start/finish and along the route. In addition, there will first aid kits at each of the refreshment stops and in the support vehicles.

- For Ambulance – Fire Services – Police: – Dial 000
- Event Information: info@ridetherange.org.au
- Event Ride Coordinator: 0427 714 116